

Pennine Risk Assessment & Information

Pennine traditionally takes a relatively informal approach to organising training and club events. However, with increasing government restrictions on informal activities, we want to make sure we can continue running during any future lockdown unless all club activity is prohibited.

Therefore, in line with England Athletics guidance, the club has appointed Alistair Stevenson as our COVID-19 officer and he has put together a Risk Assessment for general Pennine activities including but not limited to Thursday training, the Summer Series, Winter Handicaps and other club level events. The purpose of the risk assessment is to identify the risks involved in the activity and give an idea of how to manage the problem. **It is still the responsibility of all members to manage the risks as defined.**

Some of the key risks and mitigations are summarised below although we suggest everyone reads the risk assessment in full ([here](#)) and also reads the safety information available on the [website](#).

There are two main areas covered in the risk assessment: the training environment and COVID-19.

Risks relating to the training environment include the weather, animals encountered, vehicle collision at road crossings, terrain, and navigational errors. The latter two in particular may be exacerbated by darkness.

The principle mitigation for risks relating to the training environment include carrying suitable kit for the conditions, running in groups, taking shorter or lower level routes in poor conditions and carrying a mobile phone for arranging assistance if required.

Risks relating to COVID-19 include the risk of disease transmission through close contact or touching surfaces.

The principle mitigation for risks relating to COVID-19 include social distancing, good hand hygiene, restricted group sizes (maximum of six), carrying face covering and hand sanitiser. Participants and the groups they form are recorded for Track and Trace purposes and the contact details of any guests are collected.

As a club, Pennine Fell Runners recognises that fell running is an activity with a risk of personal injury or death. As participants in this activity, all adult members of the club must be aware of and accept this risk and be responsible for their own actions.