



The route over Lantern Pike and back by Carr Meadow is 11km (6.9 miles) with 390m climb. The highest point on the route is only 373m, so it is often used as a bad weather option. It is possible to extend the route from Chunal by ascending Mill Hill and coming back down Leygatehead Moor.

Start in the Royal car park **(1)** and go along Market Street for about a 100m before turning left down a footpath which takes you under the bypass and along the May Queen field past the Scout Hut. Turn left out of the field onto Swallow House Lane then take the third turning on the right, onto Bank Vale Road. Follow this down, between some houses and climb a rough footpath along the edge of some woods. Turn right at the top and continue until you come to a tarmac road. After a few metres, turn left onto a footpath through trees **(2)**.

Follow the footpath, when it splits, follow the small right hand trod steeply up the hill to the stile at the top. Cross the stile and run along the wall to the stile on the other side of the field. Cross this and follow the rough path round and onto the tarmac road. Turn left along the road and follow this, over a cattle grid, to the junction **(3)**.

Turn right up the road, which soon becomes a track, and continue through the gate before turning sharply left up the side of Lantern Pike. Turn right as you reach the ridge and follow this to the top **(4)**. Continue on and down to the gate before following the bridleway to the 5 ways junction. Join the main track and continue along for around 600m before turning right past Matley Moor Farm **(5)**.

Go through the gate and then turn left at the junction, cross the stile and follow the path along the wall. Cross another stile and continue to join a track down to the road. Turn right and join the main road at Chunal **(6)**.

Cross the road, climb over the stile and turn right along the track. Follow this, going through another gate, until you reach the footbridge at Carr Meadow. Cross the bridge and continue along the track to the shooting cabin **(7)**. Turn right along the track and follow this down from the hill, past Twenty Trees and back to Kinder Road. <https://www.openstreetmap.org/copyright>