

## **Pennine Fell Runners Risk Assessment policy**

In line with current risk assessment practice - see example: general fell running risk assessment – Pennine Fell Runners considers the risk of various hazards harming people involved in its activities; takes steps to eliminate, reduce or manage those risks and further assesses the residual risk with such controls in place to ensure that only tolerable risks remain.

While the assessment of likelihood and extent of injury can be classified on a Low-Medium-High scale, some of the club's risk assessments use a 5x5 matrix as described below; this has been distilled from guidance by Health & Safety Executive.

It is Pennine Fell Runners policy to eliminate Intolerable risks, reduce Substantial risks to as low as reasonably practical (ALARP) levels and further manage Moderate risks so that all the Club's activities only present Tolerable risks to any person involved.

The five categories of risk impact are:

1. Minor - No injuries
2. Medium - 1 or more non-Reportable injuries
3. High - 1 or more Reportable injuries
4. Significant - 1 Serious injury or Fatality
5. Severe - Multiple Serious injuries or Fatalities

The five categories of risk probability are:

- A. Almost Certain
- B. Probable
- C. Possible
- D. Remote
- E. Very Unlikely

The risk matrix that combines the risk impact and risk probability to identify overall level of risk is:

	<b>1 Minor</b>	<b>2 Medium</b>	<b>3 High</b>	<b>4 Significant</b>	<b>5 Severe</b>
<b>A - Almost Certain</b>	5 (Green)	10 (Yellow)	15 (Amber)	20 (Red)	25 (RED)
<b>B - Probable</b>	4 (Green)	8 (Yellow)	12 (Amber)	16 (Red)	20 (Red)
<b>C - Possible</b>	3 (Green)	6 (Yellow)	9 (Yellow)	12 (Amber)	15 (Amber)
<b>D - Remote</b>	2 (Green)	4 (Green)	6 (Yellow)	8 (Yellow)	10 (Yellow)
<b>E - Very Unlikely</b>	1 (Green)	2 (Green)	3 (Green)	4 (Green)	5 (Green)

where overall level of risk 1-5 is classed as Tolerable, 6-10 is Moderate, 11-15 is Substantial and 16-25 is Intolerable (and these are coloured Green, Yellow, Amber, Red accordingly)

*Collated by Alistair Stevenson, and agreed by PFR committee in August 2020*