

PFR Newsletter – 24th May 2022

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Race Results

There were so many races taking place over the weekend that Sue thought it would be a good idea to write a separate report with all the interesting details. So that report, written by Sue, is attached and I'll just concentrate on the headline news.

Friday's May Queen Race saw **John Fitzgerald** and **Matt Pink** finishing 1st and 2nd MV50 respectively, and the first two Pennine finishers.

On Saturday there was a fantastic run from **Dave Hadden**, who finished first in the Mount Famine Race. Dave is the first Pennine winner of this race since Nick Craig in 2007. Three other Pennine runners – **Ollie Shead**, **Nat Winfield** and **James Stubbs** – also finished in the top 10. **Caroline Leigh** was 9th woman.

Finishing off the 3 Days in May on Sunday was the Lantern Pike Dash, where **James Stubbs** was 5th.

Steph Curtis was 1st woman at Shutlingsloe, but no Pennine members braved the two races in one day!

There was also an English Champs race on the very edge of the Lake District. This was the Lower Borrowdale Skyline, where **Simon Coldrick** was 44th and **Sue Richmond** was 20th woman.

Last, but by no means least, **Richard Bolton** and his partner were 16th in the Old Counties Tops race.

Mini Trans Pennine Relay (Thursday 16th June)

This is just a date for your diary. Dave Jones will be sending out more information soon, and then you'll need to get back to Dave letting him know if you want to take part. This is a reminder also, that the event is designed to be suitable for all abilities, because I pick the teams with a view to making them as even as possible. For example, the fastest runner will be in the same team as the slowest, etc.

Pennine vs Glossopdale (Thursday 14th July)

For those who haven't already seen this on Facebook, Stevie Knowles has been talking to Glossopdale with a view to reviving this classic race!

The race will start from the Royal in Hayfield and finish at the Beehive on Hague Street, Glossop, where the post-run social will be. The only rule is that you have to pass to the east of the trig at Kinder Low. Apart from that, choose your own route (or follow someone!)

We will need as many runners as we can, of all abilities, men and women. If you've not already contacted Stevie, and you fancy taking part, please drop him a line.

Pub 'n' Chips Round (Saturday 13th August)

Jeff Roberts has already mentioned this on Facebook, so for those who haven't seen it, here's a [link](#) to a Google Doc giving all the details.

I should just point out that it clashes with Bradwell, which is an English Champs race this year.

Races

Here's a summary of the races coming up over the next couple of weeks as there won't be an email next Tuesday. There's also Jura this Saturday, which is the next Pennine Champs race. Good luck to everyone heading up there – hopefully, I'll see you racing down off the first Pap!

Tue 24 May 2022 — Totlely Moor

Date & time: Tue 24 May 2022 at 19:30 **Category:** BM **Website:** <http://www.totlelyac.org.uk>

Distance: 10.5 km / 6.5 miles **Climb:** 440 m / 1444 ft

Venue: Cricket Inn, Totley, S17 3AZ., S17 3AZ **Grid reference:** SK302799 **Skills:** ER, PM, LK **Minimum age:** 18

Entry Information **Entry on day:** Yes **Entry on day fee:** £6.00 **Pre-entry:** Yes **Pre-entry fee:** £5.50

Contact For Race Information Tom Ricketts Westering, Padley Road, Grindleford, S32 2HR 07813 761132 thespokedwheel@gmail.com races@totleyac.org.uk

Male record: D Haworth - 00:41:24 – 2021 **Female record:** P Williams - 00:46:58 - 2019

Other Information Changing and showers in pavilion. Parking limited. Part of the Totley Race Series.

Thu 2 Jun 2022 — Bamford Sheepdog Trials

Date & time: Thu 2 Jun 2022 at 13:00 **Category:** BS **Website:** <http://bamfordsheepdogtrials.com>

Distance: 7.2 km / 4.5 miles **Climb:** 305 m / 1001 ft

Venue: Bamford Recreation Ground. **Grid reference:** SK205829 **Minimum age:** 18

Entry Information **Entry on day:** Yes **Entry on day fee:** £5.00 **Pre-entry:** No £5 to enter the recreation ground - this includes your race fee.

Contact For Race Information Malcolm Sowerby Eccles View, Smalldale, Bradwell, Hope Valley, S33 9JQ 01433 620060 07721616570 l.sowerby13@btinternet.com

Male record: S Bond - 00:29:59 – 2010 **Female record:** K Davison - 00:35:03 - 2007

Other Information Bamford sheepdog trial with various attractions inc. dog trial, sheep shearing competitions, food and play area.

Sun 5 Jun 2022 — Big Stone Fell Race

Date & time: Sun 5 Jun 2022 at 13:00 **Category:** AS **Website:** <https://www.bigstonefellrace.org/>

Distance: 6.2 km / 3.9 miles **Climb:** 390 m / 1280 ft

Venue: 21 Lower Ln, Chinley, High Peak, SK23 6BE **Minimum age:** 15

Entry Information **Entry on day:** No **Pre-entry:** Yes **Pre-entry fee:** £6.00 No entry on the day

Contact For Race Information Edith Longden 07989150889 07837998169 edithlongden@yahoo.co.uk gracielongden006@gmail.com

Records This is a new race! A chance to set new course records for years to come!

Other Information Entries are now open, enter via <https://bigstonefellrace.niftyentries.com/Big-Stone-Fell-Race-2022> More info via bigstonefellrace.org

Training

Dave Ward has restarted the Tuesday evening group from the Royal, aiming for a prompt 7:00pm start.

Thursday Night Training is back to normal

Depending on who is there we'll be splitting into 3 or 4 groups of varying speeds, plus, anyone who isn't up for running can join me for a brisk walk. It's good to try and keep the groups fairly small, ideally aiming for no more than around 8 people, to ensure everyone can stay together and run at a similar speed.

The 'Buddy System' is now up and running. Thanks very much to everyone who has offered their services. If anyone thinks they'd like a buddy to run with on a Thursday night, please contact me.

If anyone tests positive after running with a group, it would be good to get in touch, just to let us know.

Kit: full FRA kit and additional items such as a mobile phone (working and switched on), spare layer, first aid kit, bivvy bag, emergency shelter are recommended. Carrying hand sanitiser and a face covering are sensible precautions in case someone gets hurt and people need to get close to help them.

Keep up to date with all the rest from the Pennine website - <http://www.penninefellrunners.co.uk/> (in particular, check out the [Facebook](#) page) - and the Hayfield website - <http://www.t42.org.uk/hayfield/>

Pennine's Participation Statement As a club, Pennine Fell Runners recognises that fell running is an activity with a danger of personal injury or death. All adult participants in club activities must be aware of and accept these risks and be responsible for their own actions.

Safety information [here](#).