



The route over Lantern Pike, up to Mill Hill and back by Leygatehead Moor is around 14km (8.75 miles) with 500m climb. The top of Mill Hill is at 544m but the route then descends rapidly which is why it is described as a mid-level rather than high-level route.

Start in the Royal car park **(1)** and go along Market Street for about a 100m before turning left down a footpath which takes you under the bypass and along the May Queen field past the Scout Hut. Turn left out of the field onto Swallow House Lane then take the third turning on the right, onto Bank Vale Road. Follow this down, between some houses and climb a rough footpath along the edge of some woods. Turn right at the top and continue until you come to a tarmac road. After a few metres, turn left onto a footpath through trees **(2)**.

Follow the footpath, when it splits, follow the small right hand trod steeply up the hill to the stile at the top. Cross the stile and run along the wall to the stile on the other side of the field. Cross this and follow the rough path round and onto the tarmac road. Turn left along the road and follow this, over a cattle grid, to the junction **(3)**. Turn right up the road, which soon becomes a track, and continue through the gate before turning sharply left up the side of Lantern Pike. Turn right as you reach the ridge and follow this to the top **(4)**. Continue on and down to the gate before following the bridleway to the 5 ways junction. Join the main track and continue along for around 600m before turning right past Matley Moor Farm **(5)**.

Go through the gate and then turn left at the junction, cross the stile and follow the path along the wall. Cross another stile and continue to join a track down to the road. Turn right and join the main road at Chunal **(6)**. Cross the road, climb over the stile and follow the path along the wall up the hill. After 800m this goes through a gate and the flagstones start. It's another 2.2km (1.4 miles) before you reach the cairn that marks the top of Mill Hill **(7)**.

If in doubt, from Mill Hill, you can always descend on the main path down William Clough as the trod down Leygatehead Moor is very faint to begin with so it can be tricky to find. It heads in a SW direction down to the top of the grouse butts **(8)** and then follows them down, becoming clearer as it does so until it reaches the Shooting Cabin **(9)**. From here, continue on the main track to the fell gate, down past Twenty Trees and back to Kinder Road.